

QUICK START GUIDE

Are you, or someone you know, the victim of identity theft? Or have you received a breach notice? If so, here are the steps for you to take.

FREEZE YOUR CREDIT

A credit freeze is the most important thing you can do to prevent identity theft. However, ITRC research shows that more than two-thirds of Americans do not use this tool. Frozen PII is a free service devoted to making it easy to protect yourself with a credit freeze. Visit frozenpii.com to freeze your credit now.

GATHER DOCUMENTS

Make sure to gather any relevant documents, including the source of the breach if available, and any of the following:

- + FTC/Police identity theft report
- + Copy of the credit report that shows fraudulent accounts opened in your name
- + Data breach notice

TEXT, CALL OR CHAT WITH ITRC

Speak with an ITRC expert advisor toll-free by text message or phone (888.400.5530) during our normal business hours (6AM – 5PM PT) for one-on-one assistance. You can also chat with an advisor on our website, idtheftcenter.org, using the chat feature. The ITRC can assist you in recovering your identity or any other questions you may have.